

Stories of second chances:

service user perspectives on community intervention in the Offender
Personality Disorder Pathway

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Resettle (IIRMS)

(Intensive Intervention & Risk Management Service)

- Joint Probation & NHS Partnership
- For men in prison with complex difficulties linked to their personality functioning
- North West service
- On probation licence
- High risk & high support needs

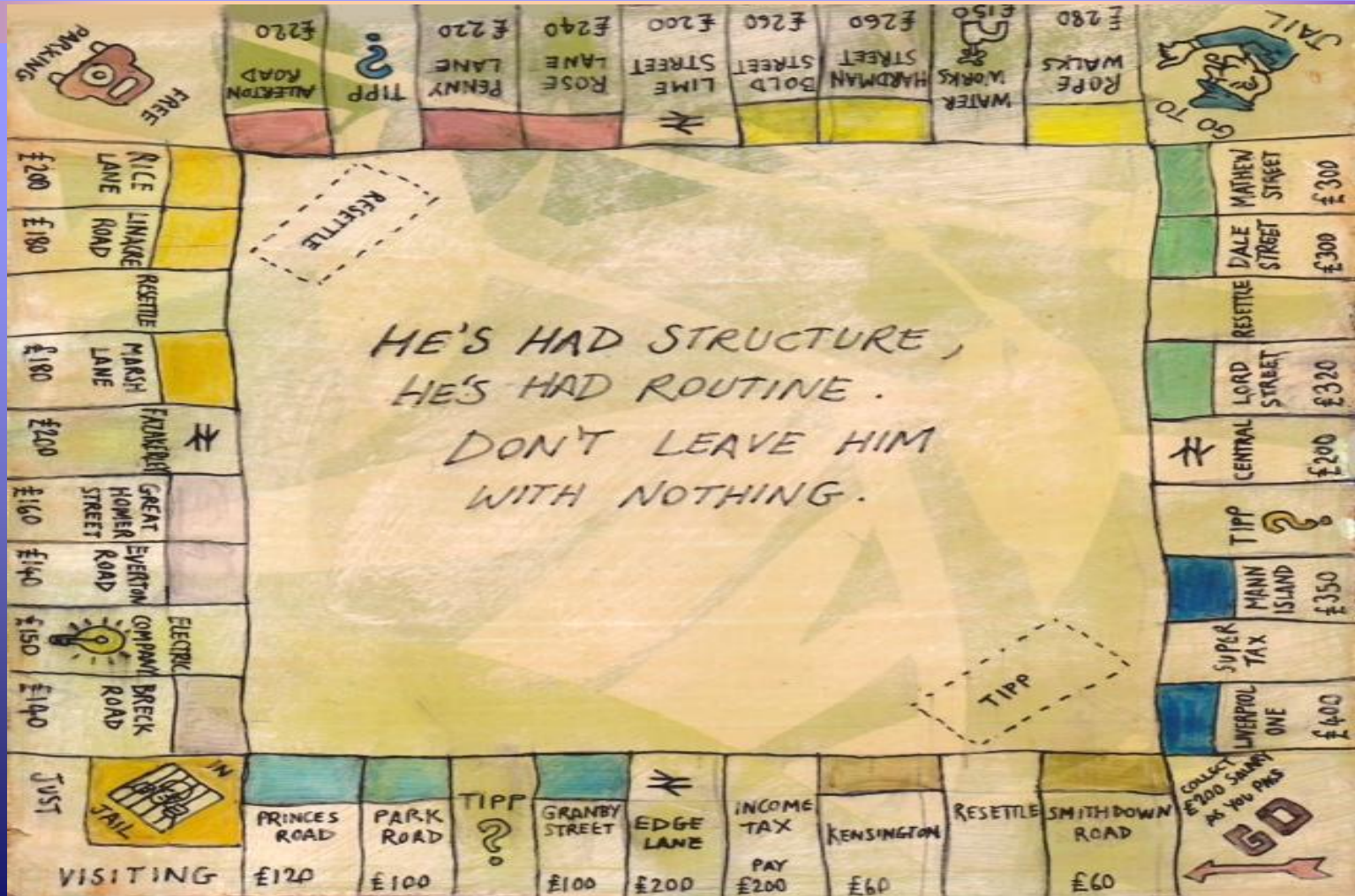
Resettle (IIRMS)

- Set up in 2008
- Part of an RCT
- Systemic fear
- Creating a culture
- Building a reputation
- Adaptation and involvement

Aims to..

- Enhance safer communities
- Reduce re-offending, anti social behaviour and social exclusion
- Manage risk in the community and enhance the quality of life of the participant
- Improve psychological well being, reduce distress and improve social functioning

Get out of jail...



Resettle (IIRMS)

- High intensity: 4 days per week
- Non residential
- Multi agency, disciplinary team (OM)
- 3 stage model: prison in reach, attendance at project, move on or back...
- Attachment based, therapeutic milieu, socio therapy, group and individual interventions

Holistic model

- In reach work in prison
- Addressing core needs: money, shelter, warmth, food, care
- Respectful, transparent relationships
- Hope and expectations
- Involvement

The Resettle model

- Risk assessment and management
- Therapeutic environment & support 24 hour 'crisis line'
- Targeted interventions
- CAT principles, CBT
- Underpinned by formulation
- Address interpersonal, cognitive and emotional difficulties prior to offending behaviour
- Social reintegration

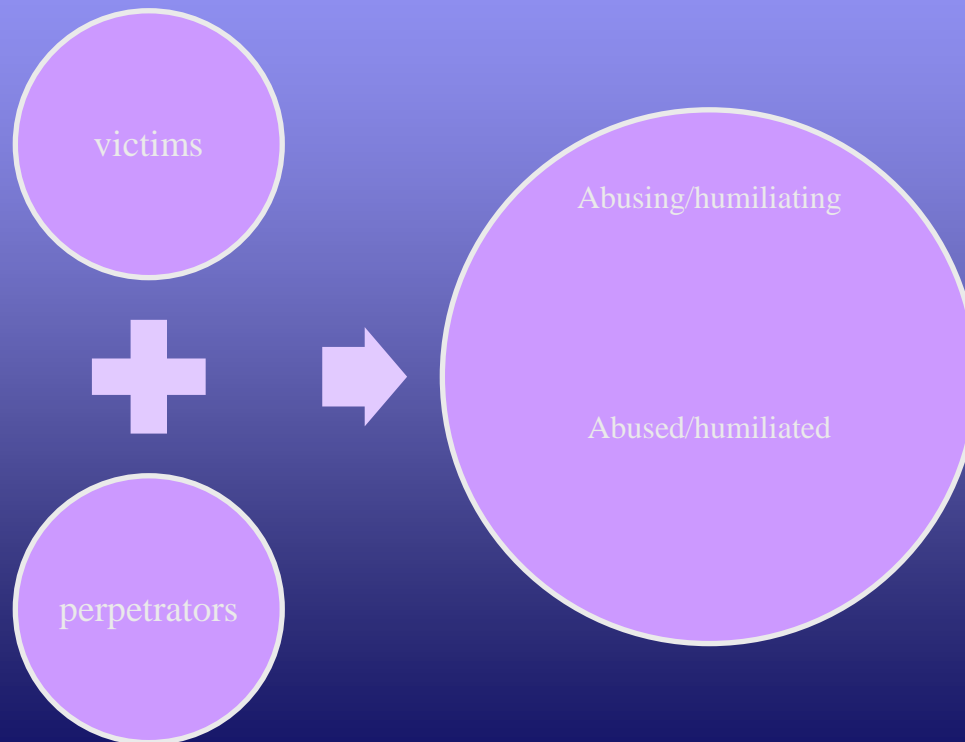
Complex Trauma



Fragmented states
Hyper vigilance
Emotional disconnection
Emotionally overwhelmed
Internal conflicts/distress
Psychotic experiences
Uncertainty
Low mood
High anxiety
Stuck

Traumatising...

- I act out my story on the minds and bodies of my victims...



Key principles

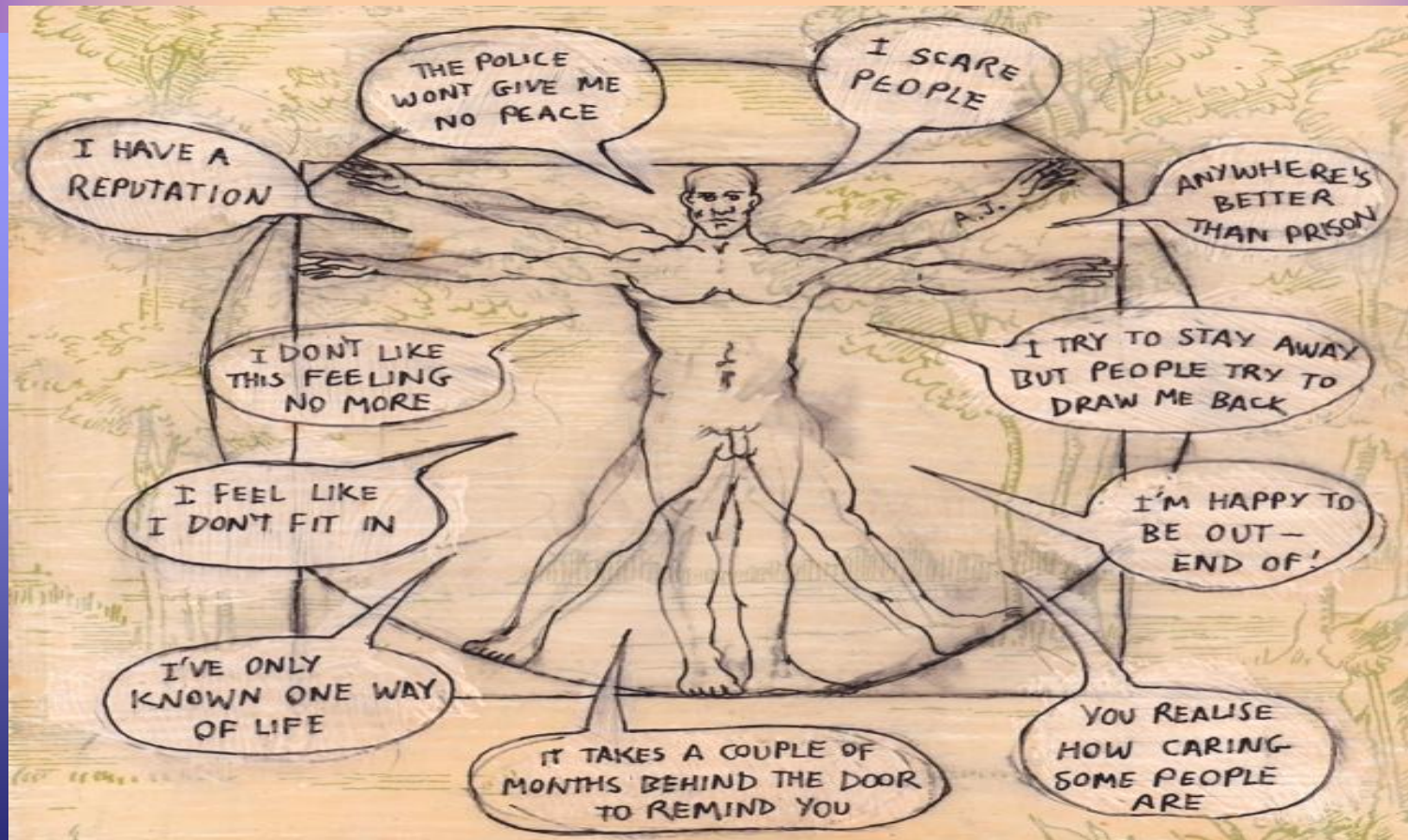
- Learning by doing (working alongside)
- Learning from relating to others
- Inclusion, a part of
- Every interaction seen as an agent of learning & change
- Open and transparent communication
- Culture of respect, responsibility & accountability

Learning..



**Tell me, I'll forget.
Show me, I may remember.
But, involve me and I'll understand.
- Chinese Proverb**

Exploring the self



Supporting the team

- Encourage curiosity
- No certainty, alternative hypotheses
- What is behind the behaviour
- Resist the temptation to engage in the dance
- Notice strong pulls
- Support
- Supervision

Current Participants



In reach



Community



Move-on



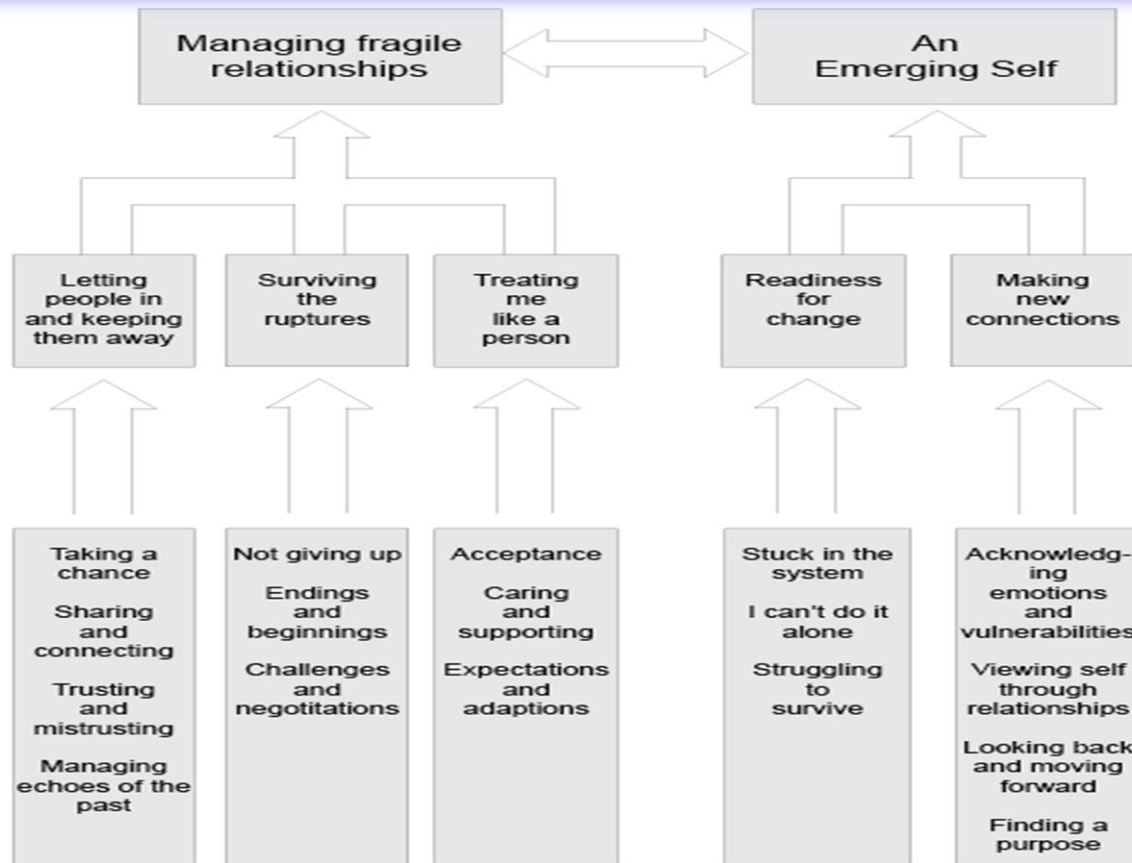
Qualitative study:

- 5 participants
- One interview
- Interviews were transcribed, analysed
- Grounded theory methodology

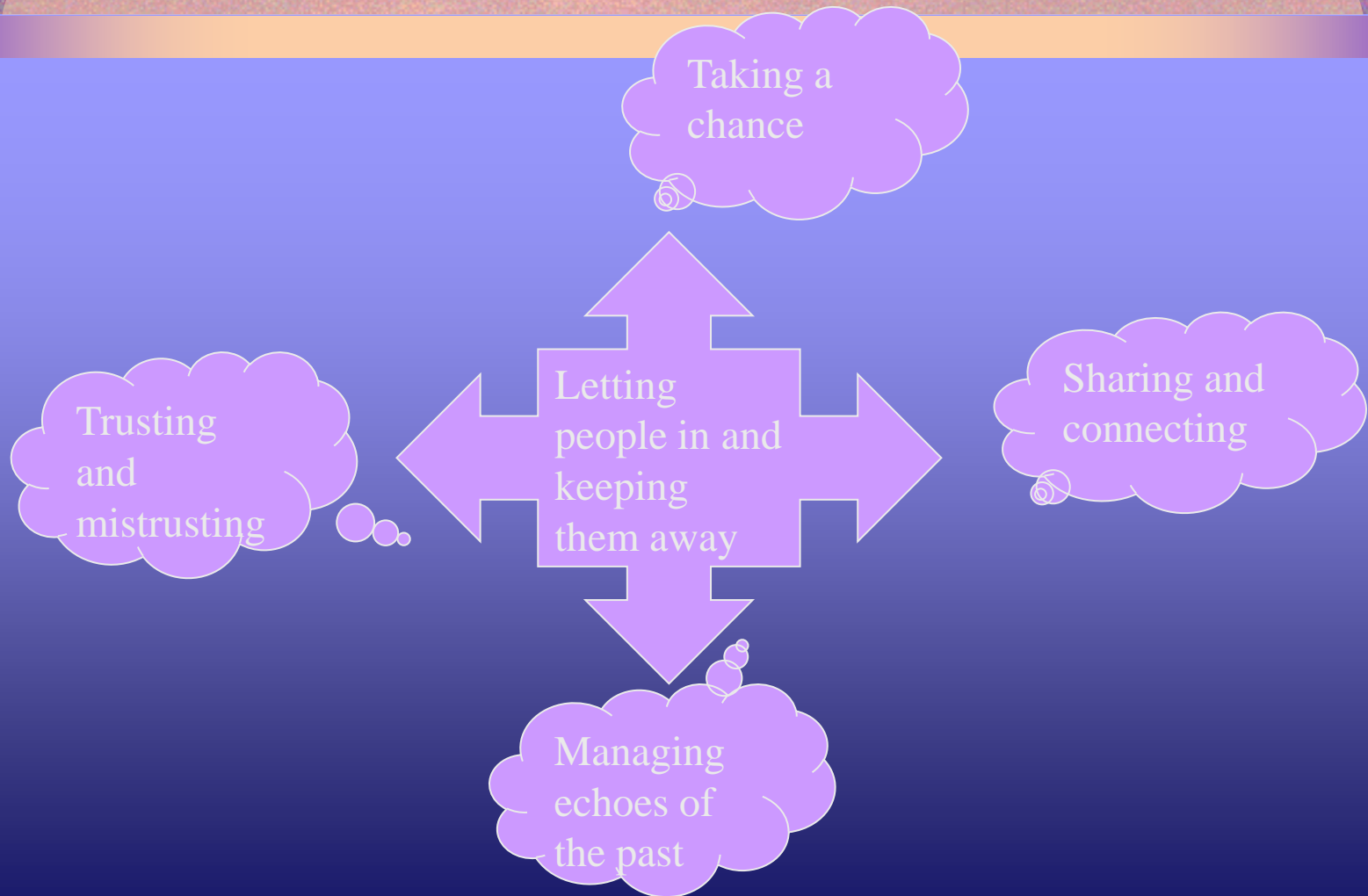
Information regarding participant length of time with the service

Pseudonym	Length of last prison sentence	Length of time engaging with the service	Stage of intervention
Jim	11 years (served 7 years in prison)	3 ½ years (including in reach work and 7 months being recalled back to prison)	Left 2 ½ years ago
Eddie	4 years (served 20 months in prison)	2 ½ years (including in reach work)	Completed his probation licence at the service. Left 2 weeks ago. Having voluntary support
Paul	Life Served 19 years in prison)	18 months (including in reach work)	13 months engaging in 2 year core programme
Stan	Indeterminate sentence (IPP) Served 6 years in prison)	3 ½ years (including in reach work)	(left core programme 12 months ago, now having monthly support until licence is terminated)
Patrick	6 ½ years (Served 3 ½ years in prison)	18 months (including 7 months recall back to custody)	Still engaging in the core programme

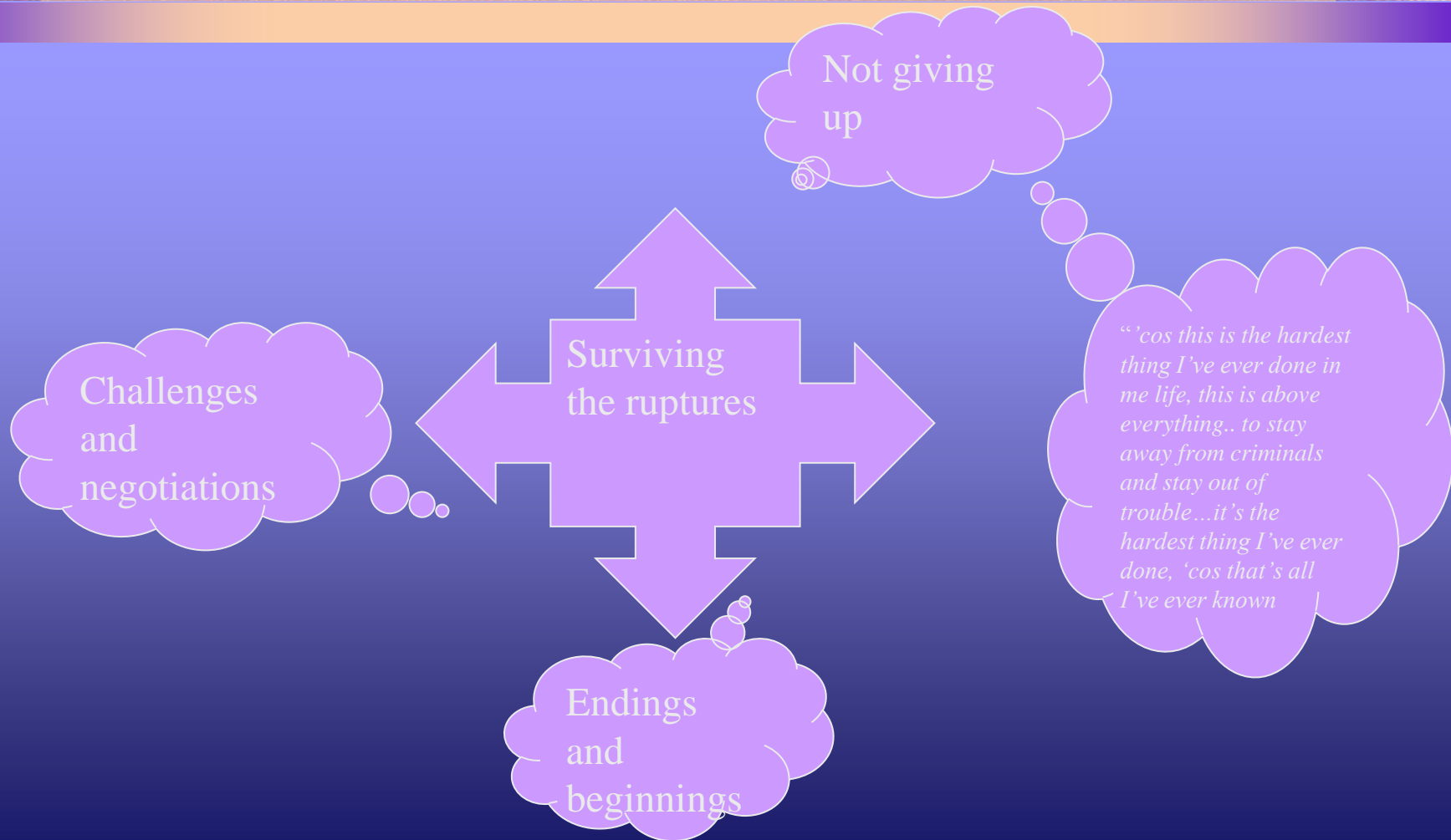
Core categories



Managing fragile relationships



Managing fragile relationships



Managing fragile relationships

Expectations
and
adaptations

“the service has helped me, and this was like you know, this was what I used to get up for every morning and come here, because it was like, this was getting like a routine, you know what I mean? And it started to feel like work, and that’s how I used to look at it, like I’m going to work, but I’m going to work on meself, and having that attitude is what helped me..”

Treating me
like a person

acceptance

Caring and
supporting

An emerging self

Struggling
to survive

*it was like a daily battle,
it was like something on
my shoulder saying "I
can't be arsed with
this" [the project] just
go, fuck off to a boxing
ring and get up and
run" and another side
saying "fuck off, leave
me alone, I'm trying"*

Readiness
for change

Stuck in the
system

I can't do
it alone

An emerging self



Resettle (IIRMS):

enabling people to make use of the second chances



- Able to share their experiences
- Change process involves connecting and working through difficulties, fragile relationships
- Transition into new territory –self and community – emerging identities
- Helping to navigate the hurdles towards desistance