



National Offender  
Management Service



HM PRISON  
SERVICE

Public Sector Prisons

# High Secure services for personality disordered prisoners: An update from the Westgate Unit at HMP Frankland and partnership organisations.

Chair:

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# The Westgate Personality Disorder Treatment Service

- 65 bed, standalone unit offering assessment and treatment
- **Criteria:** male offenders who are assessed as high risk and have a diagnosis of “complex” personality disorder (which are functionally linked)
- Offer varied treatment interventions and supporting services
- ‘Complementary regime’ – gym, horticulture, art
- Multidisciplinary team working is employed across the unit

# Therapeutic Regime



# Overview of presentations:

- **Title: Examining the relationship between early maladaptive schema, criminal thinking styles and personality disorders within an offender population. Presenters:** Phil Neal, MSc Student, Newcastle University.
- **Title: Co-morbidity of personality disorder, psychopathy and clinical syndrome in high-risk incarcerated offenders. Presenters:** Darren Johnson, Senior Lecturer in Psychology, School of Social Sciences, Business and Law, Teesside University.
- **Title: The Criminal Narrative Experience of Psychopathic and Personality Disordered Offenders. Presenters:** K. Goodlad, MSc Student, University of Huddersfield.
- **Title: Evaluation of the Social Competency and Emotion Modulation Treatment Components delivered within a high-secure Personality Disorder Treatment Service. Presenters:** Darren Johnson, Senior Lecturer in Psychology, School of Social Sciences, Business and Law, Teesside University.
- **Title: How can prisoners and staff be better supported to manage and reduce self-harm during prisoners journeys through HMP Frankland's Personality Disorder Treatment Service (PDTs)? Presenters:** Professor Di Bailey, School of Social Sciences, Nottingham Trent University and Dr Claire De Motte, Research Assistant for Social Work and Health, Nottingham Trent University.

# Context

- The presentations today represent a range of recent research activities within the service:
  1. Interrogation of historical data, collected by the service over a ten year period, which may help us understand more about our population.
  2. Applying novel approaches to discovering more about the reasons why personality disordered men commit their offences.
  3. Looking at whether some of the in-house interventions on offer within the service seem to be effective.
  4. Using Participatory Action Research to co-produce interventions which may be of help as staff support men through their treatment pathway with us.