



Compass Project – The Challenges are ‘the work’

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Session Aims

- Context of our service
- Developing the Compass model
- Themes of our learning
- Where next?

Compass project



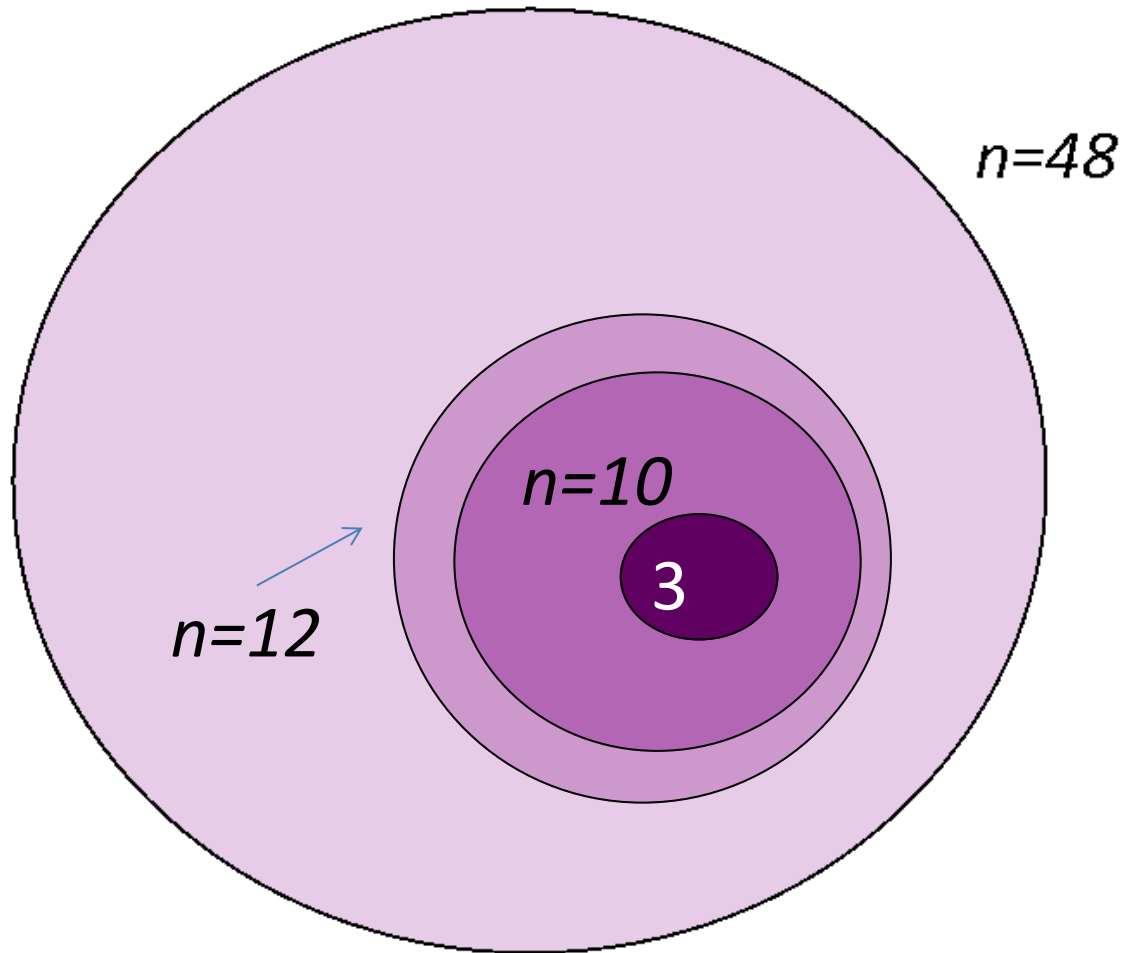
- Operational since January 2015 in Yorkshire & Humberside
- First IIRMs service for women offenders
- Integrated Psychology and Occupational Therapy
- Constantly evolving - our third model



Compass team

- 0.5 Occupational Therapy Clinical Specialist
- 0.4 Senior Forensic Psychologist
- 1.0 Occupational Therapist
- 0.5 NPS Interventions Worker
- 0.5 Psychologist / Psychotherapist
- Input from a Housing & Resettlement Worker and a Research Assistant

Population snapshot – West Yorkshire



Compass map



Compass Project Map

Referral and assessment

Intervention 1
Understanding my needs

Intervention 2

Understanding what I do



Understanding my personality

Intervention 3
Putting it into practice

Intervention 1+
Embedding the formulation and facilitating pathway

formulation reflective meeting

other services

Future re-engagement

Chaos in the whole system



Balancing risk and victimisation



Can do magic



Rejecting the social context

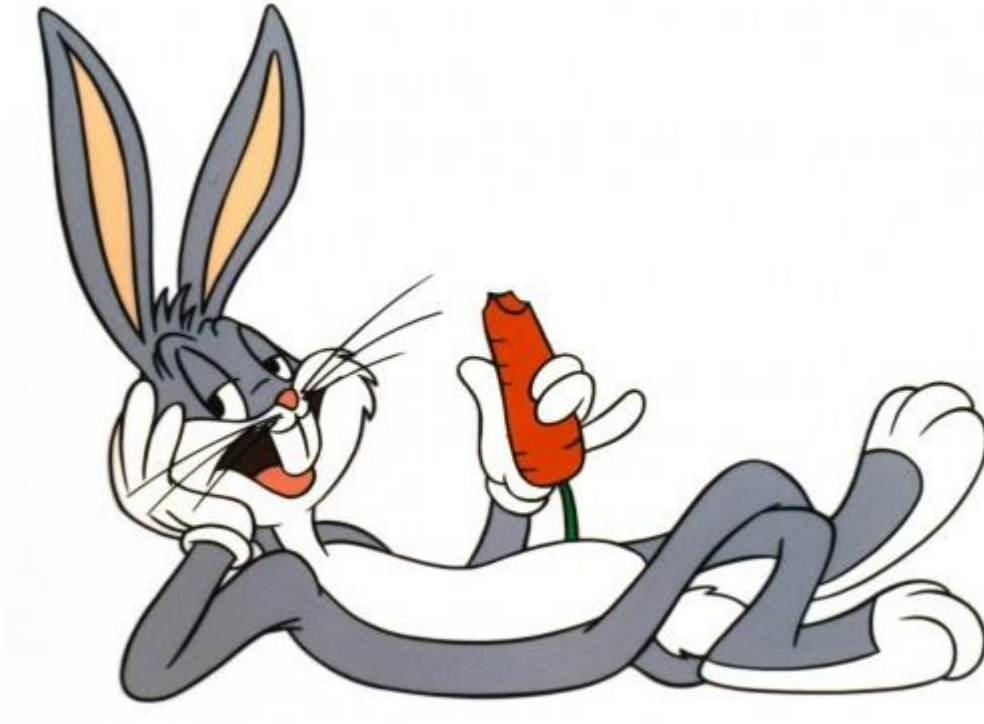




What next?

- Reducing the primary focus upon direct contact
- Wider partnerships
- What are successful outcomes for these women?
How do we evaluate these?
- Avoiding the ‘echo chamber’
- Closer working with other women’s IIRMs services
- Publishing our findings

That's all folks!



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