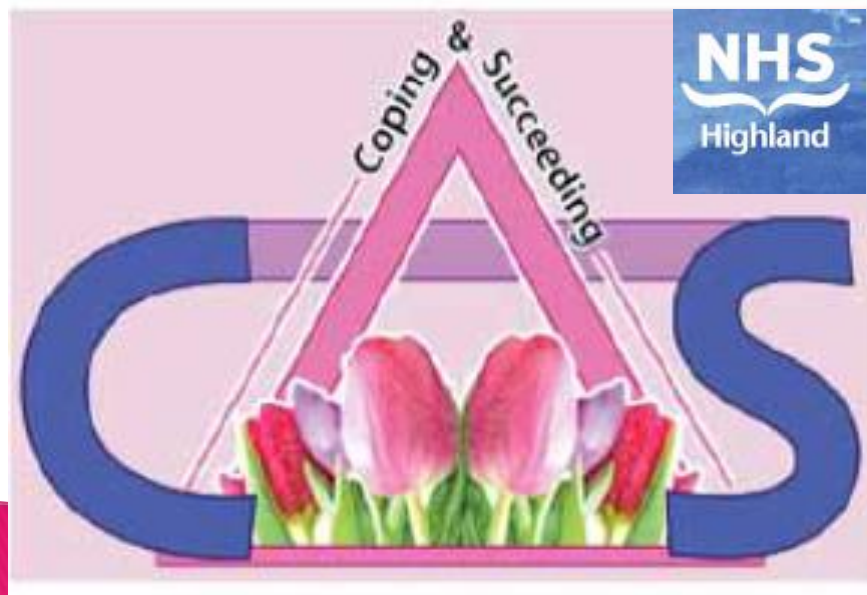
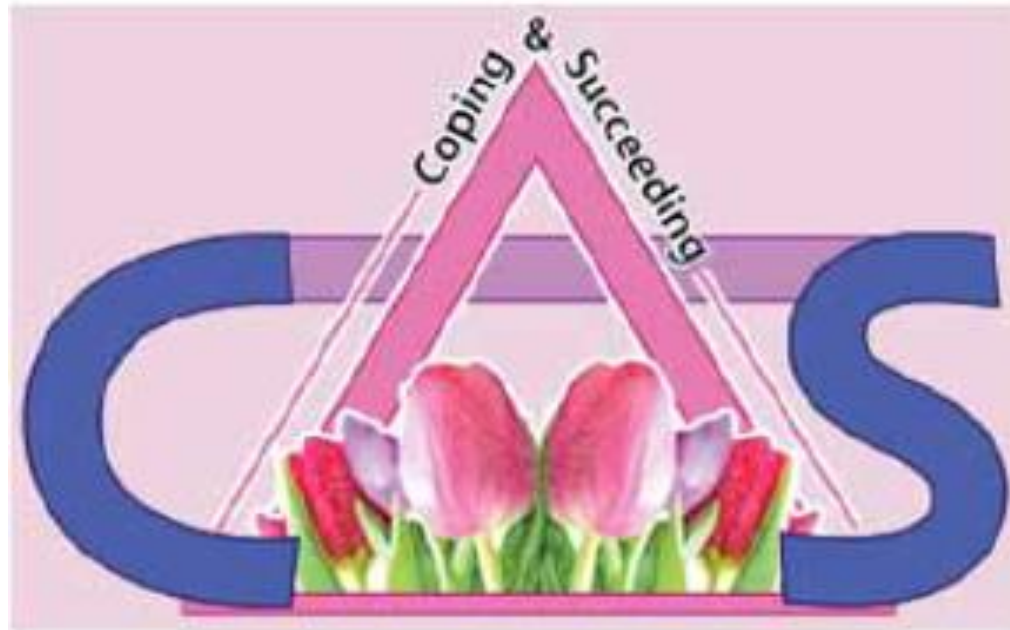


From a vision to a reality:
developing a personality disorder
day service, in partnership with
service users in the Highlands.



Coping and Succeeding (CAS)

Where did we begin?



Our story so far

“Fighting the fire”



“What then”?



Co-Production – How did we make it work together?



Planning, Brainstorming



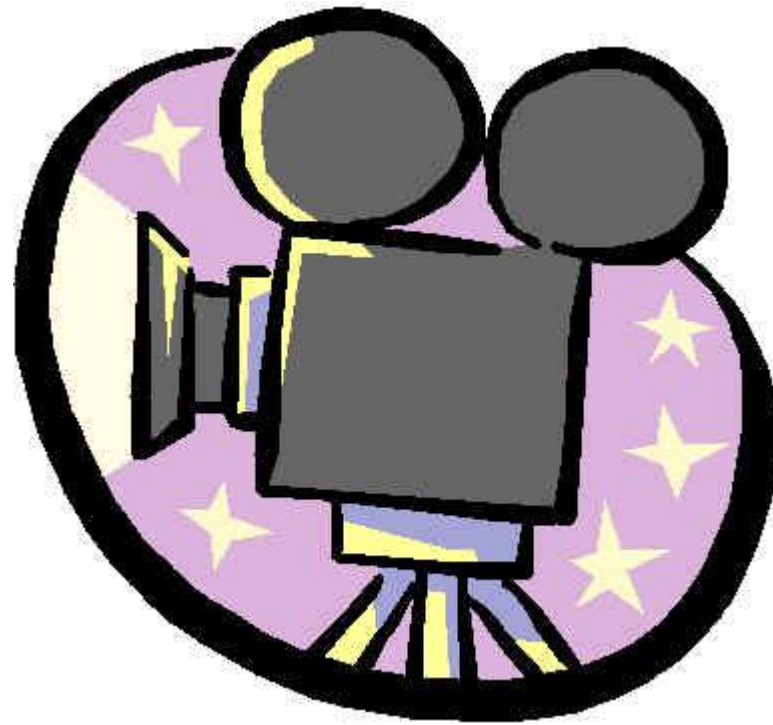
Partnership Agreement



Time, Negotiation, Co-operation



We present a Day in Our Time at
CAS...



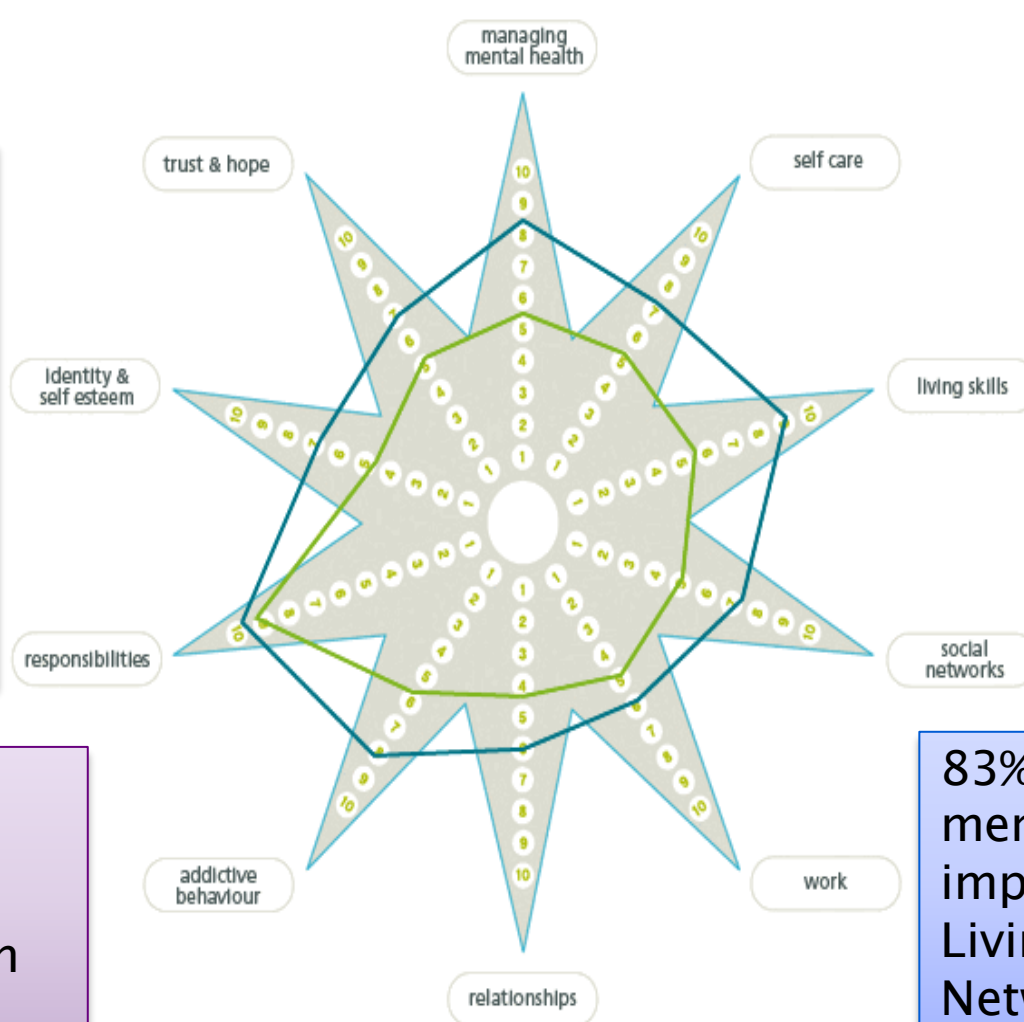
Phase 3 Service Outcomes



50% Group members reported improvement in Self care

33% improvement in Responsibilities

67% Group members reported improvement in Identity & Self-esteem, Trust & Hope & Work

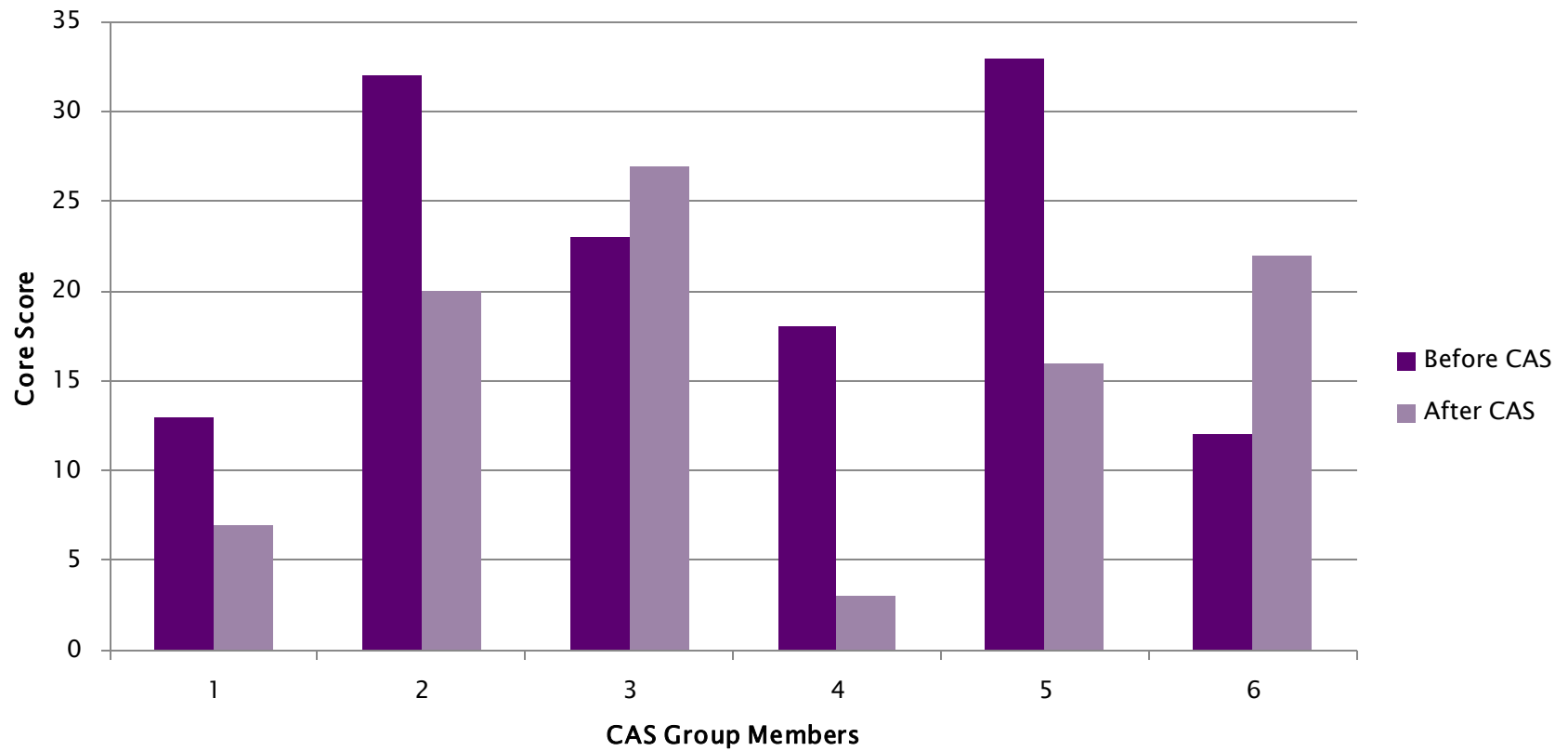


100% Group members reported improvement in Managing their Mental Health

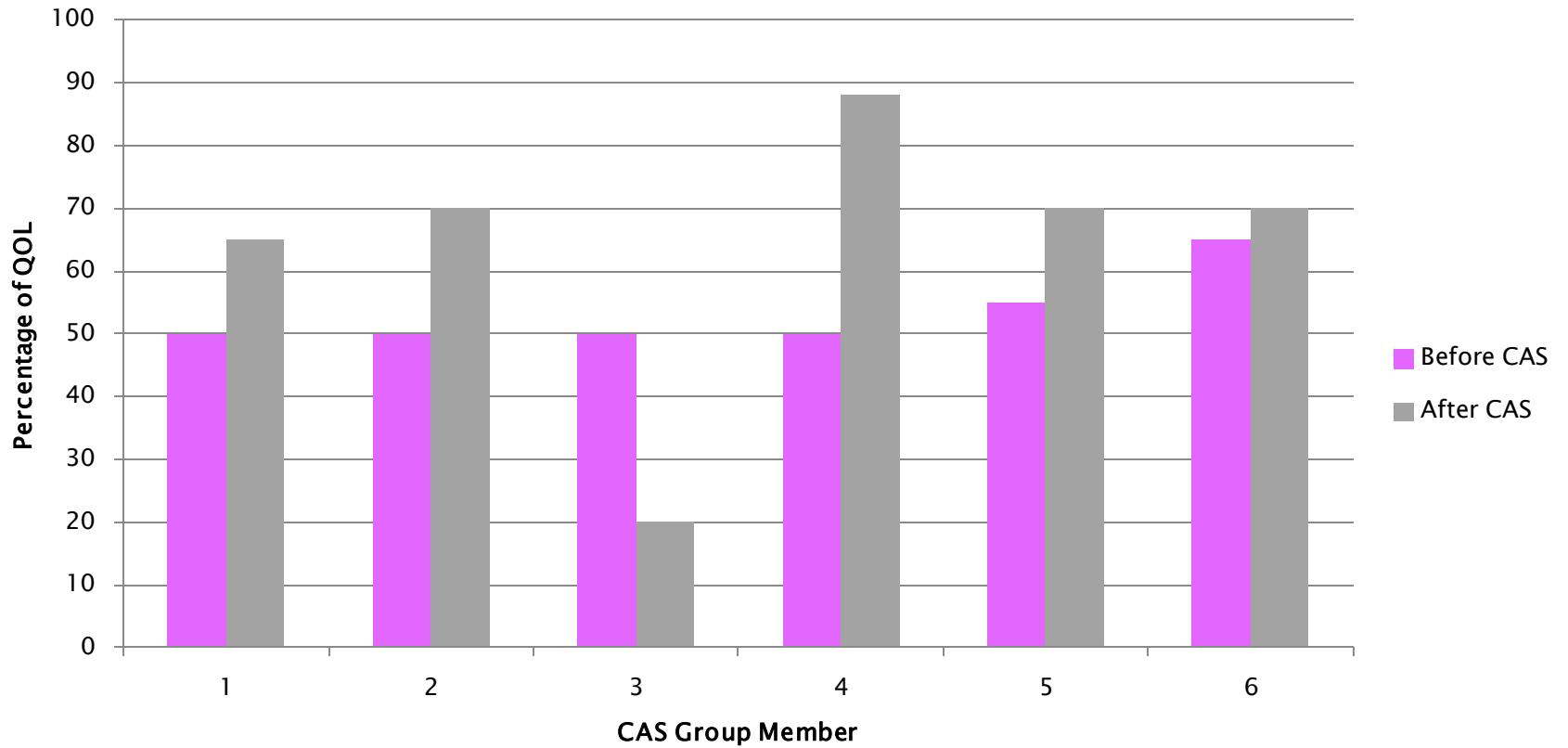
83% Group members reported improvement in Living Skills, Social Networks, Relationships & Addictive Behaviour

Outcomes Continued...

CORE Scores

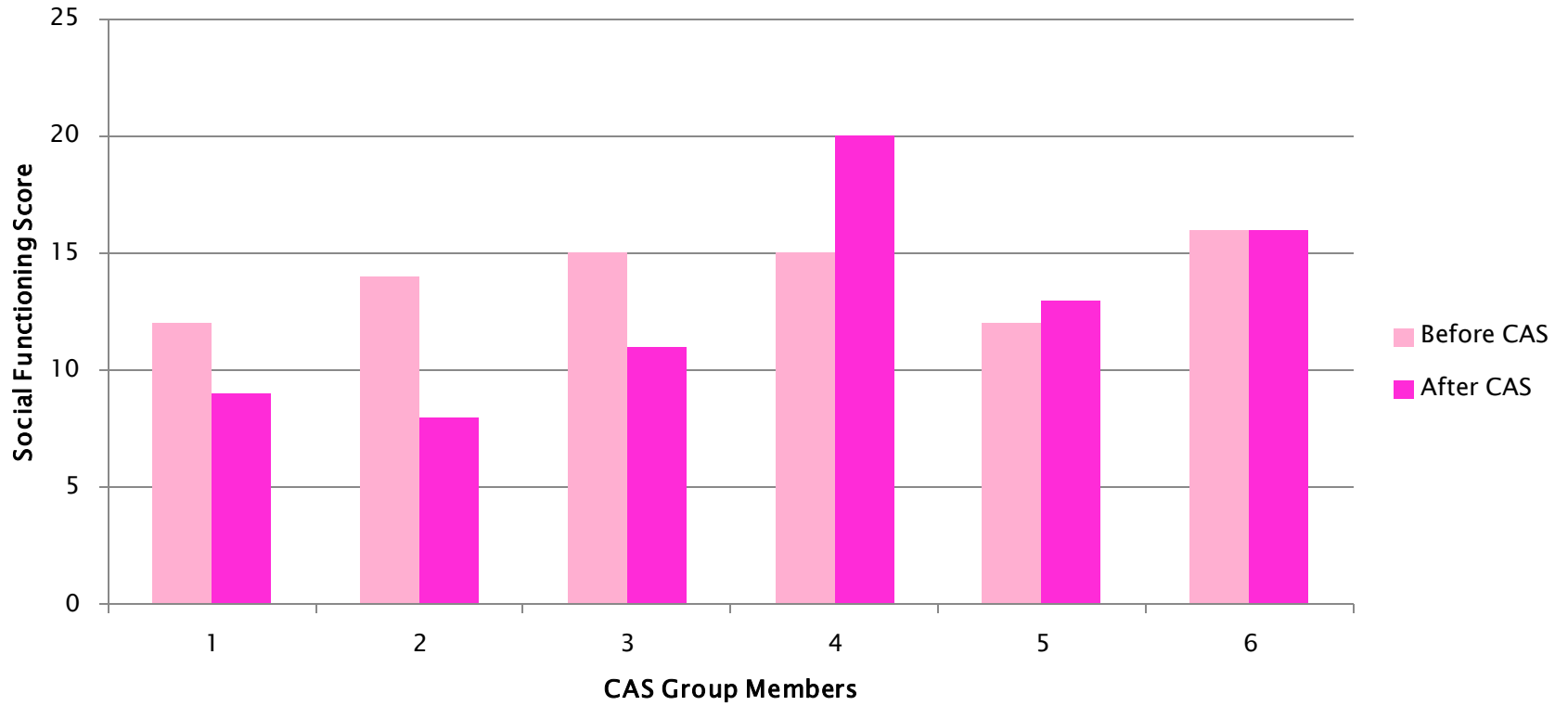


How would you rate your current Quality of Life?



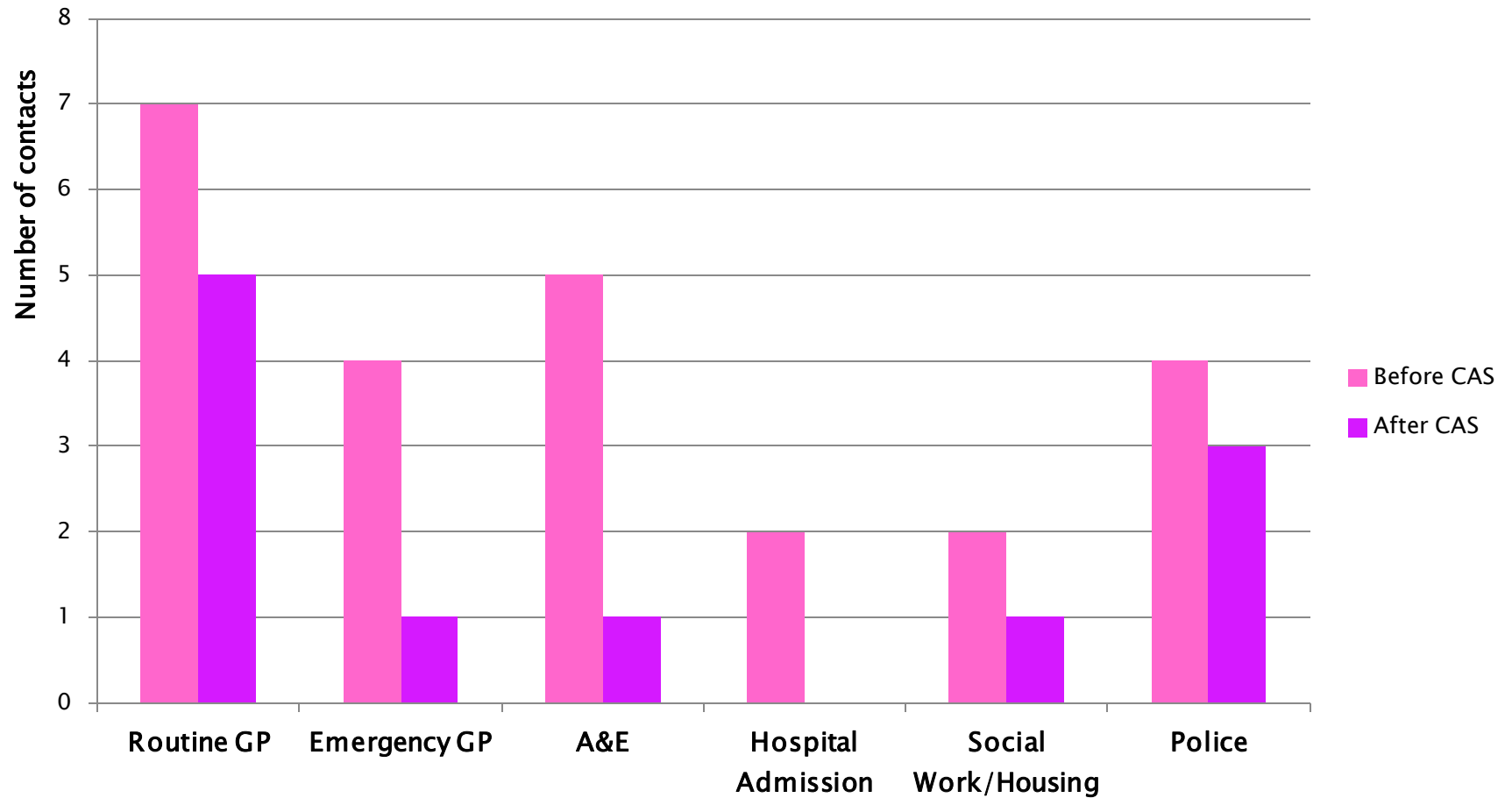
Social Functioning

(Lower Score = Higher Functioning)



Contact with other services

(total group contacts)



“Feeling as though there is light at the end of the tunnel”

“Being more assertive”

“Aiming to keep practicing skills for a more balanced life”

“Tentatively feeling hope for the future”

“Learning to trust people”

“No longer allowing myself to get manipulated”



My Journey.....ROZ



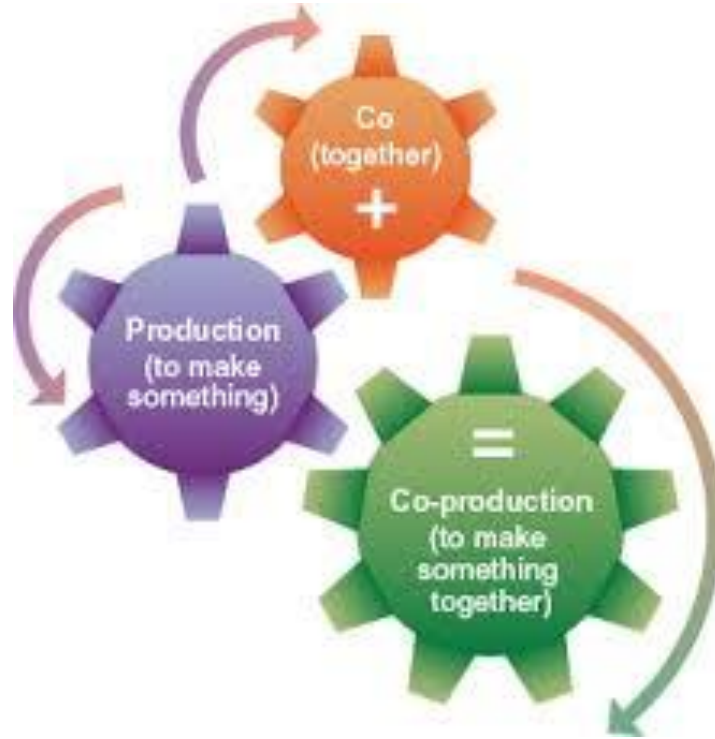
My Journey....Michelle



Co-production in action!



Co-Production became part of our culture



Do you and your organisation promote co-production?

Group Exercise



Questions?

