

Missing a trick :

Occupational Therapy within Offender Personality Disorder Pathway Services(?)

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Occupational Therapy: an emerging profession in the Offender Personality Disorder Pathway (?)

Leeds and York Partnership 
NHS Foundation Trust

National Probation Service 

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Introduction

The Offender Personality Disorder Pathway Occupational Therapy Network is a forum for occupational therapists working within the OPD pathway services to share knowledge and experience, with the aim of developing dedicated occupational therapy practice and promoting its contribution to the overall purpose and endeavour of the OPD pathway strategy.

As part of this work a questionnaire was sent to all the services listed in the brochures for the male and female services in the OPD pathway. The aim of the questionnaire was to provide a brief and initial overview of and themes related to the provision of occupational therapy, with a view to this information informing the work of the OPDP Occupational Therapy Network.

The poster presents selected data and themes from the questionnaires.

Occupational Therapy

The primary task of Occupational Therapy is to facilitate *occupational enablement* – assisting people to be able to consistently and sustainably perform occupations and purposeful activities in the context of the environment that facilitate health, well-being and quality of life.

Peoples' engagement in occupation is regarded, '...as enabling the development and integration of the sensory, motor, cognitive, and psychological systems; serving as a socialising agent and verifying one's efficacy as a competent, contributing member of one's society (Fidler and Fidler, 1979:305)

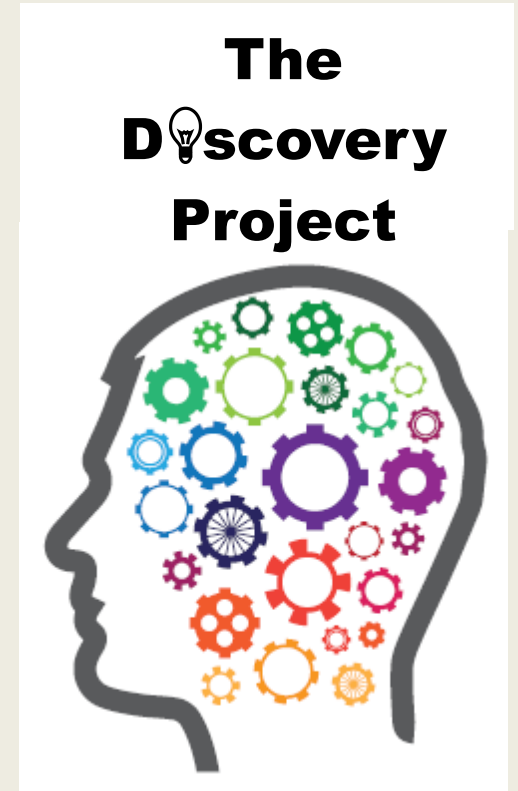


Some initial issues for the Offender Personality Disorder Pathway Occupational Therapy Network to consider:

- How to engage with the 67% of services which didn't respond to the questionnaire?
- How do services decide to have or not have occupational therapy?
- How do we understand occupational therapists employed but not providing occupational therapy?
- What is the rationale for the wide variance of dedicated time for occupational therapy?
- What is the relationship between the occupational therapy models and external frames of reference?
- Where occupational therapy is successful, how and why has this occurred?
- Where occupational therapy is experiencing difficulty, how is this understood?
- Is there occupational therapy in the PIPES?
- How does occupational therapy contribute to the overall formulation process?
- What is the relationship between occupational therapy intervention and risk management?
- How does occupational therapy engage with commissioning and planning of services?
- How do we bring the service user voice about occupational therapy to the fore?

POPPED GLOW CAS Compass poster

Leeds Personality Disorder Services



2004

2017

humans as occupational beings

human-ess defined
by 'doing'

innate need and
desire

doing is synthesis of
capacities

doing is adaptation to
the environment

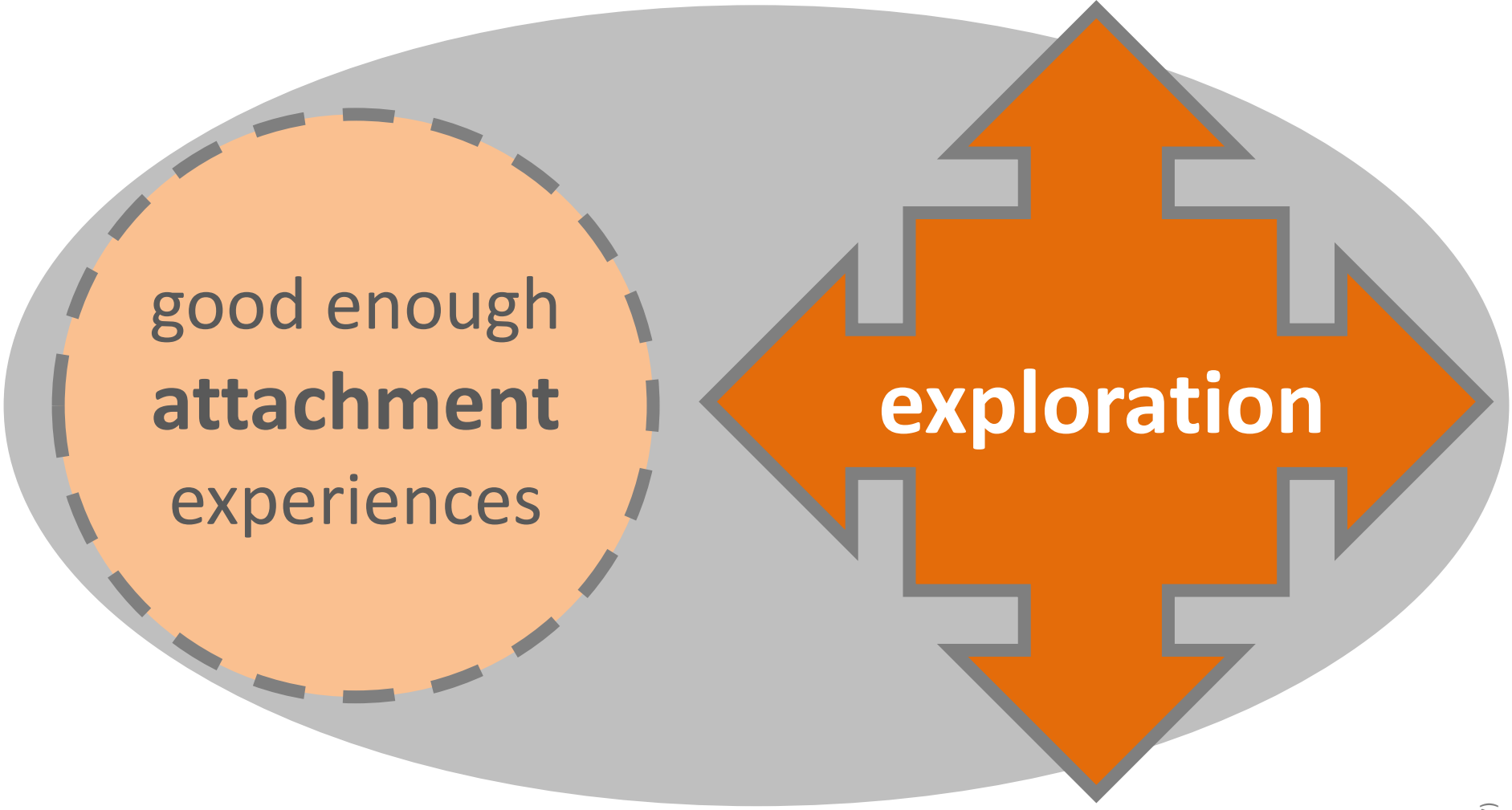
relationships are
enacted by doing

doing ranges from
'common-sense' logic
to
'idiosyncratic' logic

therapeutic potential in doing ... occupational enablement

we know ourselves and others through what we do

occupation and good enough attachment



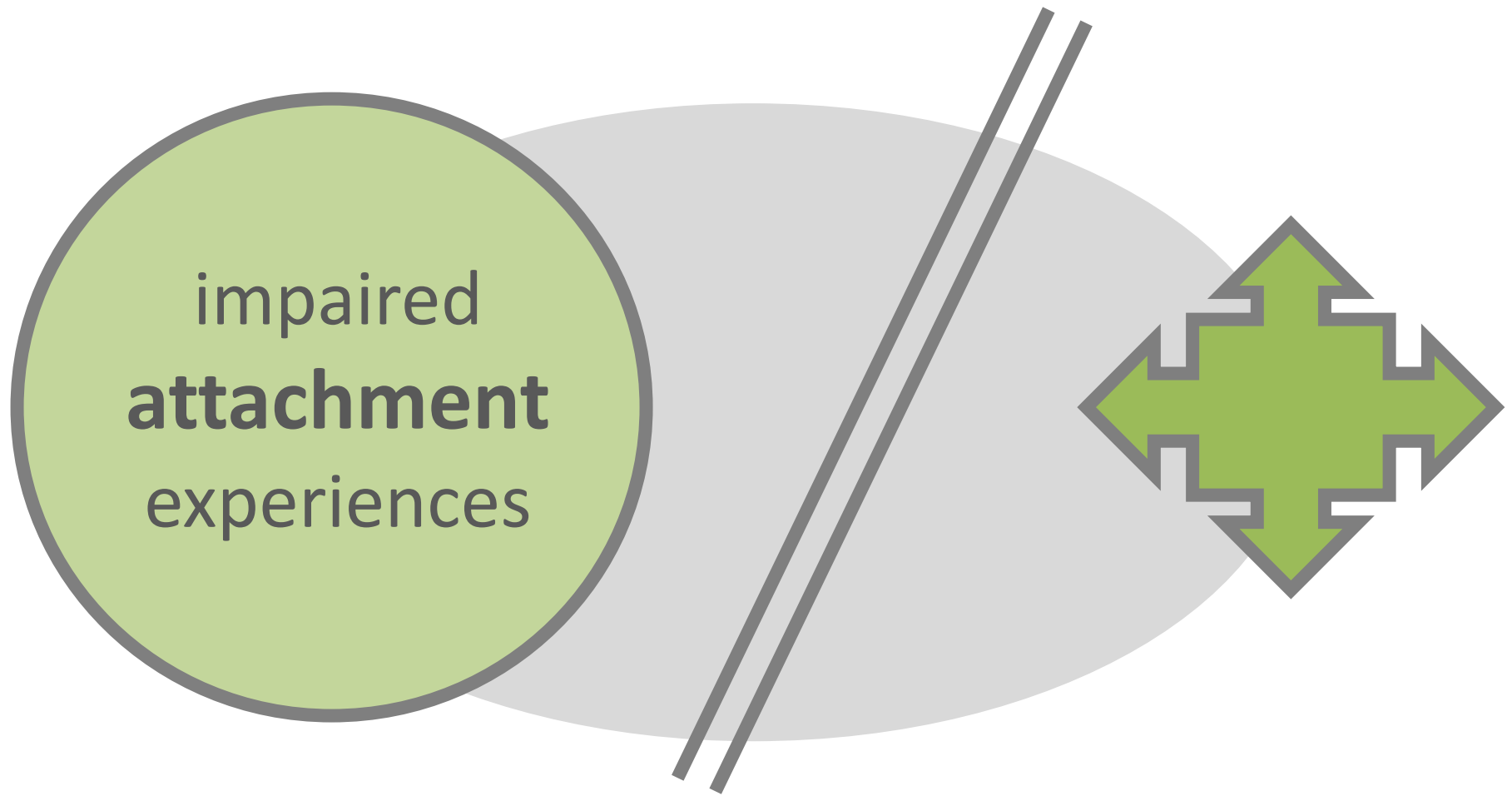
good enough
attachment
experiences

The diagram features a large grey oval background. On the left, there is a smaller orange circle with a dashed grey border containing the text 'good enough attachment experiences'. To the right of this circle is a large orange cross with a grey outline, containing the word 'exploration' in white. The cross is centered vertically relative to the circle.

exploration

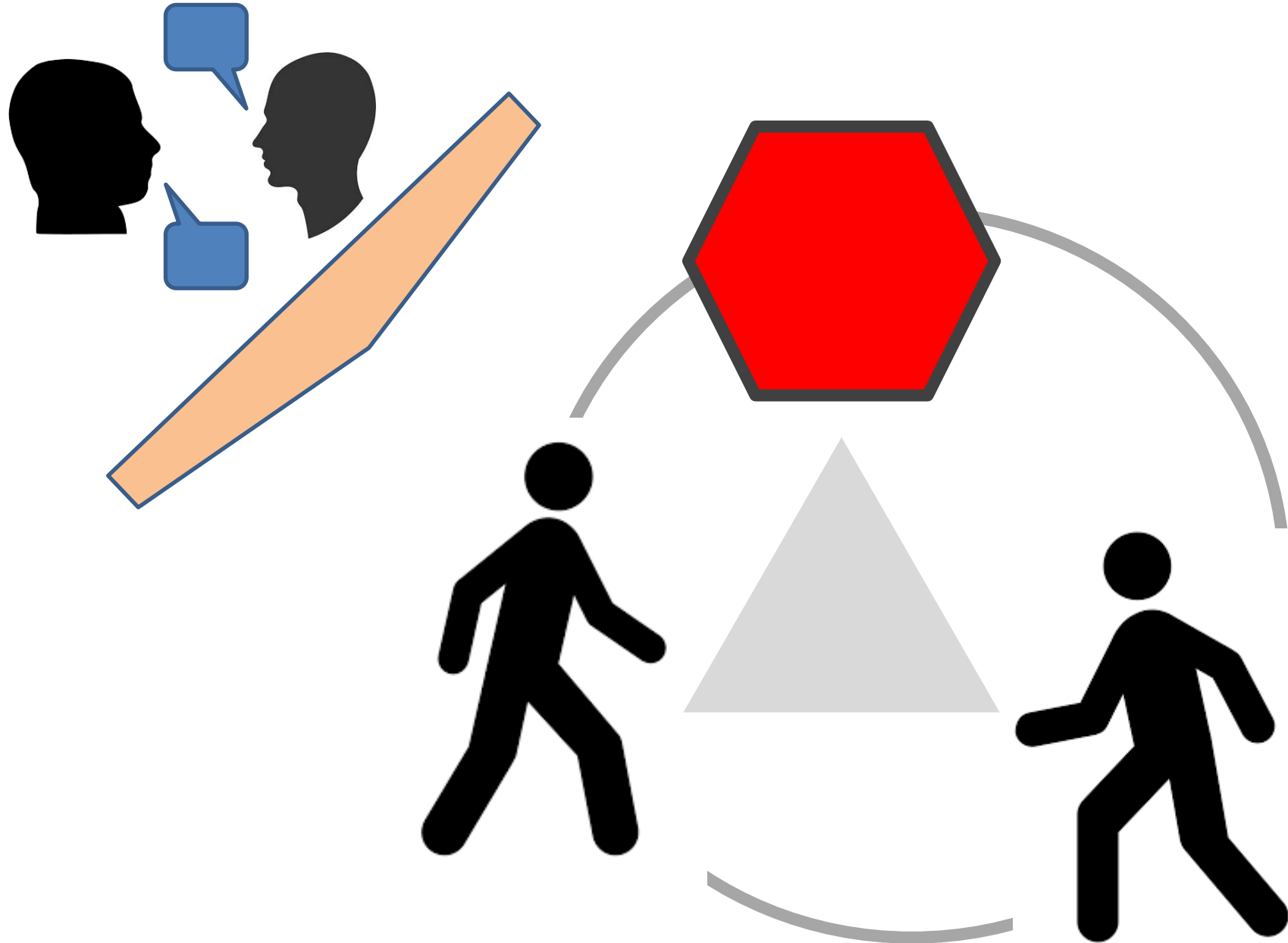
schema / internal working models focussed upon:
sense of safety, sense of self / others, sense of capacity

occupation and impaired attachment



schema / internal working models focussed upon:
survival – physical, emotional and psychological

thinking occupationally (i): therapeutic relationship



thinking occupationally (ii): **time use**

what are people doing with their time?

'... too much, too little, out of sync, lack of balance, surviving, offending ...'

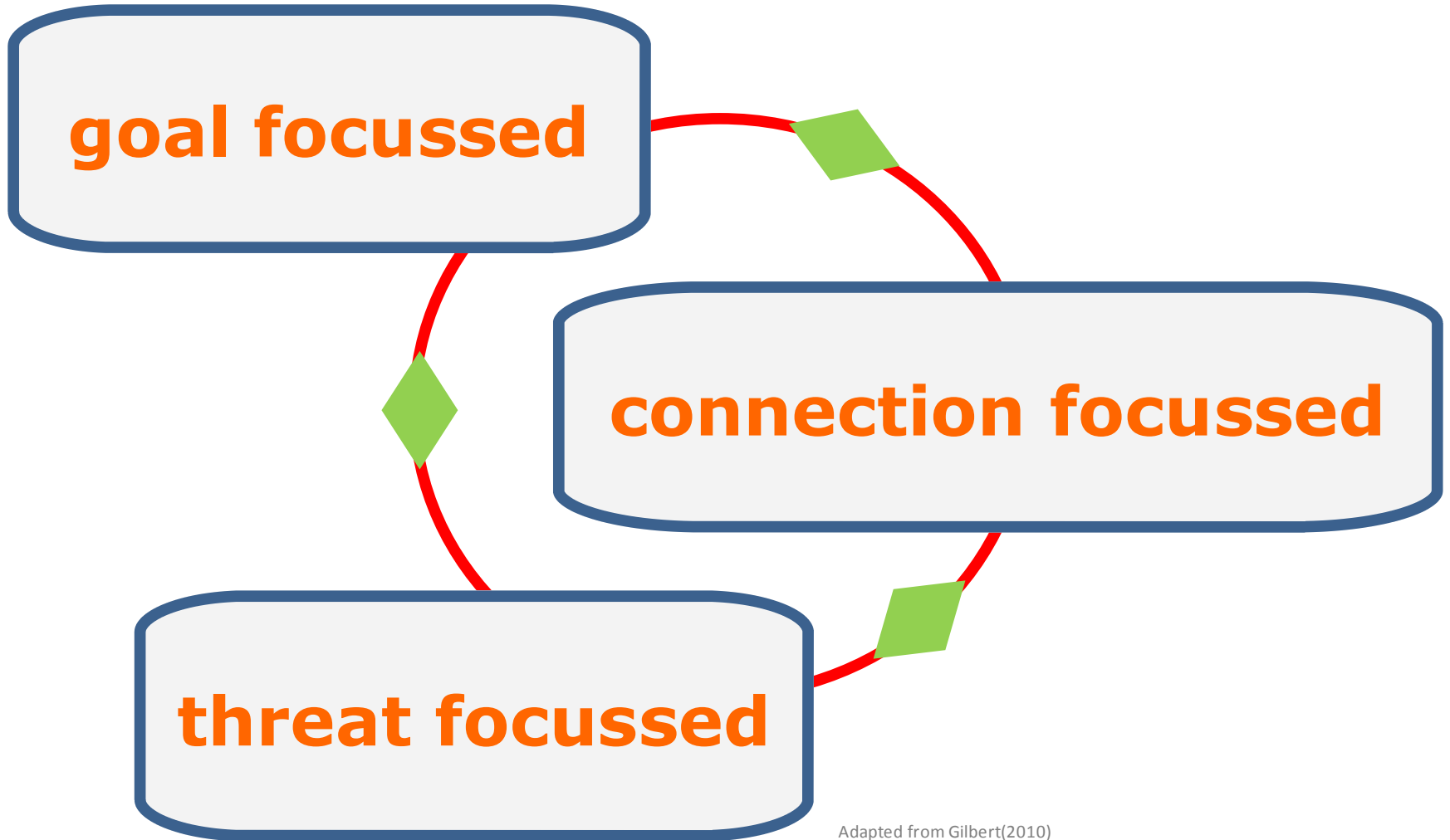


'... attempting to regulate emotion – stated and implied...'

what is the meaning and function?

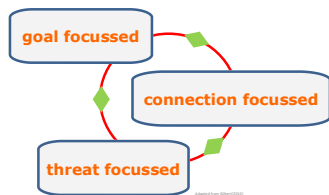
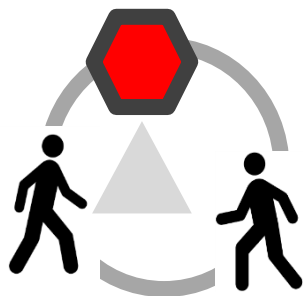
possible adaptive functioning (?)

thinking occupationally (iii): **emotional regulation**



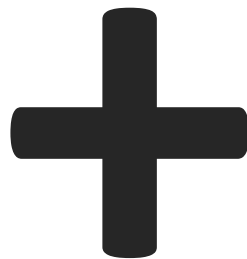
Adapted from Gilbert(2010)

thinking occupationally (iv): intervention



psychological
formulation

identify an occupation with **therapeutic potential**



the doing of the occupation: **physical evidence**



'moment of ok-ness'

reflection upon
concrete / real
experience

more effective and
predictable
emotional regulation

potential identity
beyond personality
disorder

framework of occupational enablement

